



BeThere **for yourself and others.**

SEPTEMBER IS SUICIDE PREVENTION MONTH

Join us at these events and learn more about suicide prevention:

Kick-off Event for Suicide Prevention Month

Sept. 7 at 9:30 a.m.,
Pentagon

Reflections of Generosity: A traveling art exhibit that explores how painting, sculpture and song heal Service members, their families and Veterans through generosity, community and beauty.

<http://www.reflectionsofgenerosity.com/>

Sept. 7-9, Pentagon, 2nd floor Apex 9 and 10
Sept. 13-15, Mark Center, Main Hall

The 2016 Suicide Prevention Month Outreach Recognition acknowledges one installation from each of the Services (Army, Marine Corps, Navy and Air Force) and one chosen from the Reserves or National Guard for their outstanding efforts supporting suicide prevention during September 2016.

- Nominations are due no later than Oct. 14; submit nominations to OSD.DSPO.outreach@mail.mil
- Nominees will be posted on <http://www.dspo.mil>
- Recipients will be notified during the last week of October
- Ceremony will be held mid-November in the Pentagon

Information and a toolkit containing downloadable materials are available on the Defense Suicide Prevention Office website at <http://www.dspo.mil>.



*Join the conversation and tell us how you can
#BeThere for yourself and others.*